

**SEVERITY OF ALCOHOL DEPENDENCE QUESTIONNAIRE  
(Stockwell et al, 1979)**

**We would like to recall a recent month when you were drinking in a way, which for you was fairly typical of a heavy drinking period. Please fill in the month and the year: -**

**MONTH: .....YEAR:**

.....

**We want to know more about your drinking during this time and how often you experienced certain feelings. Please put a tick to show how frequently each of the following statements applied to you during this typical period of drinking.**

	Score	0	1	2	3
		Almost Never	Some- times	Often	Nearly Always
1) I wake up feeling sweaty					
2) My hands shaking first thing in the morning					
3) My whole body shakes violently first thing in the morning, if I don't have a drink					
4) I wake up absolutely drenched in sweat					
5) I dread waking up in the morning					
6) I am frightened of meeting people first					
7) I feel on the edge of despair when I wake up					
8) I feel very frightened when I wake up					
9) I like to have a morning drink					
10) I always gulp down my morning drink as quickly as possible					

11) I drink in the morning to get rid of the shakes				
12) I have a very strong craving for a drink when I wake up				
13) I drink more than 1/4 bottle of spirits or 4 pints beer/1 bottle wine per day				
14) I drink more than 1/2 bottle of spirits or 8 pints beer/2 bottles wine per day				
15) I drink more than 1 bottle of spirits or 15 pints beer/4 bottles of wine per day				
16) I drink more than 2 bottles of spirits or 30 pints beer/8 bottles wine per day				

**Imagine the following situation:**

- **You have been completely off drink for a few weeks and You then drink very heavily for two days**

**HOW WOULD YOU FEEL THE MORNING AFTER THOSE TWO DAYS OF DRINKING?**

	Score	0	1	2	3
<b>The morning after</b>		<b>Not at all</b>	<b>Slightly</b>	<b>Moderately</b>	<b>A lot</b>
17) I would start to sweat					
18) My hands would shake					
19) My body would shake					
20) I would be craving a drink					

<b>Totals</b>				
<b>SEVERITY OF ALCOHOL DEPENDENCE QUOTIENT</b>				

**Re: Questions 17 – 20**

*(If the patient has not been abstinent for a period of two weeks then score maximum for Q17–20)*

**TOTAL SADQ SCORE =**

*(Score 0-3 no dependence, 4-19 mild dependence, 20-30 moderate dependence, 31-44+ severe dependence, 45+ very severe dependence)*